

Report Date: 02 Feb 2013

Summary Report for Individual Task
081-COM-1005
Perform First Aid to Prevent or Control Shock
Status: Approved

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Condition: You see a casualty who is breathing. There is no uncontrolled bleeding. The casualty has one or more of the symptoms of shock. You will need a field jacket and blanket or poncho. Some iterations of this task should be performed in MOPP.

Standard: Attempt to prevent a casualty from going into shock by correctly positioning the casualty, loosening binding clothes, calming and reassuring the casualty, and providing shade from direct sunlight during hot weather or covering to prevent body heat loss during cold weather. Do not cause further injury to the casualty.

Special Condition: None

Special Standards: None

Special Equipment: None

Safety Level: Low

MOPP: Sometimes

Task Statements

Cue: None

DANGER

None

WARNING

None

CAUTION

None

Remarks: None

Notes: Conditions, standards, performance steps, and performance measures match task as it appears in STP 21-1-SMCT, 2 May 2011.

Performance Steps

1. Check the casualty for signs and symptoms of shock.

- a. Sweaty but cool skin.
- b. Pale skin.
- c. Restlessness or nervousness.
- d. Thirst.
- e. Severe bleeding.
- f. Confusion.
- g. Rapid breathing.
- h. Blotchy blue skin.
- i. Nausea and/or vomiting.

2. Position the casualty.

- a. Move the casualty to cover, if cover is available and the situation permits.
- b. Lay the casualty on his/her back or in the recovery position (on his/her side) unless a sitting position will allow the casualty to breathe easier.
- c. Elevate the casualty's feet higher than the heart using a stable object so the feet will not fall.

WARNING

Do not loosen clothing if in a chemical area.

3. Loosen clothing at the neck, waist, or anywhere it is binding.

4. Splint the limb, if appropriate. (See task 081-831-1034.)

- a. Apply a splint to the injured limb if one or more bones in the limb have been fractured.
- b. Splint the arm, forearm, thigh, or leg when a severe wound is present even if the limb is not fractured.

5. Prevent the casualty from getting chilled or overheated.

- a. Cover the casualty to avoid loss of body heat and, in cold weather, place cover under as well as over the casualty. Use a blanket or clothing, or improvise a cover.
- b. Place the casualty under a permanent or improvised shelter in hot weather to shade him/her from direct sunlight.

6. Calm and reassure the casualty.

a. Take charge and show self-confidence.

b. Assure the casualty that he/she is being taken care of.

7. Watch the casualty closely for life-threatening conditions and check for other injuries, if necessary. Seek medical aid.

(Asterisks indicates a leader performance step.)

Evaluation Preparation: Setup: For training and evaluation, use another Soldier to simulate a patient in shock.

Brief Soldier: Tell the Soldier the simulated patient requires first aid for shock to be given.

PERFORMANCE MEASURES	GO	NO-GO	N/A
1. Checked the casualty for signs and symptoms of shock.			
2. Positioned casualty correctly.			
3. Loosened clothing at the neck, waist, or anywhere it was binding.			
4. Splinted the limb, if appropriate.			
5. Prevented the casualty from chilling or overheating.			
6. Calmed and reassured the casualty.			
7. Watched the casualty closely for life-threatening conditions and checked for other injuries, if necessary. Sought medical aid.			

Supporting Reference(s):

Step Number	Reference ID	Reference Name	Required	Primary
	FM 4-25.11	First Aid	No	No
1.	FM 4-25.11	First Aid	No	No
2.	FM 4-25.11	First Aid	No	No
3.	FM 4-25.11	First Aid	No	No
5.	FM 4-25.11	First Aid	No	No
7.	FM 4-25.11	First Aid	No	No

Environment: Environmental protection is not just the law but the right thing to do. It is a continual process and starts with deliberate planning. Always be alert to ways to protect our environment during training and missions. In doing so, you will contribute to the sustainment of our training resources while protecting people and the environment from harmful effects. Refer to FM 3-34.5 Environmental Considerations and GTA 05-08-002 ENVIRONMENTAL-RELATED RISK ASSESSMENT.

Safety: In a training environment, leaders must perform a risk assessment in accordance with FM 5-19, Composite Risk Management. Leaders will complete a DA Form 7566 COMPOSITE RISK MANAGEMENT WORKSHEET during the planning and completion of each task and sub-task by assessing mission, enemy, terrain and weather, troops and support available-time available and civil considerations, (METT-TC). Note: During MOPP training, leaders must ensure personnel are monitored for potential heat injury. Local policies and procedures must be followed during times of increased heat category in order to avoid heat related injury. Consider the MOPP work/rest cycles and water replacement guidelines IAW FM 3-11.4, NBC Protection, FM 3-11.5, CBRN Decontamination. In a training environment, leaders must perform a risk assessment in accordance with FM 5-19, Composite Risk Management. Leaders will complete a DA Form 7566 COMPOSITE RISK MANAGEMENT WORKSHEET during the planning and completion of each task and sub-task by assessing mission, enemy, terrain and weather, troops and support available-time available and civil considerations, (METT-TC). Note: During MOPP training, leaders must ensure personnel are monitored for potential heat injury. Local policies and procedures must be followed during times of increased heat category in order to avoid heat related injury. Consider the MOPP work/rest cycles and water replacement guidelines IAW FM 3-11.4, NBC Protection, FM 3-11.5, CBRN Decontamination.

Prerequisite Individual Tasks : None

Supporting Individual Tasks :

Task Number	Title	Proponent	Status
130-LDAC-1012	LDAC First Aid Lane 1	130 - Cadet Command	Analysis
081-831-1012	Start an Intravenous Infusion	081 - Medical (Individual)	Approved
081-831-1011	Establish a Saline Lock	081 - Medical (Individual)	Approved
171-126-1040	Evacuate a Wounded Crewman from an M1-Series Tank	171 - Armor (Individual)	Approved
081-831-1034	Perform First Aid for a Suspected Fracture	081 - Medical (Individual)	Approved

Supported Individual Tasks :

Task Number	Title	Proponent	Status
081-COM-1001	Evaluate a Casualty (Tactical Combat Casualty Care)	081 - Medical (Individual)	Approved
052-238-1540	Provide First Aid to a Diving Casualty	052 - Engineer (Individual)	Approved

Supported Collective Tasks :

Task Number	Title	Proponent	Status
19-3-2017	Conduct Security Patrols BMD	19 - Military Police (Collective)	Approved
19-1-3518	Provide Health Services for a Theater Internment Facility	19 - Military Police (Collective)	Approved
19-3-2015	Conduct Security Command Center Procedures BMD	19 - Military Police (Collective)	Approved
19-3-2018	Respond to Emergency Incidents BMD	19 - Military Police (Collective)	Approved
40-5-1003	Perform Emergency Actions (MDE)	40 - Space and Missile Defense (Collective)	Approved
19-6-1005	Conduct Critical Facilities Security GMD	19 - Military Police (Collective)	Analysis
40-5-2003	Perform Emergency Actions (FDC)	40 - Space and Missile Defense (Collective)	Approved
19-3-2214	Conduct Security of a Ballistic Missile Defense Facility	19 - Military Police (Collective)	Approved

ICTL Data :

ICTL Title	Personnel Type	MOS Data
Warrior Tasks and Battle Drills	Enlisted	MOS: 000, Skill Level: SL1
Engineer Lieutenants' Common Core Task List	Officer	AOC: 12B, Rank: 2LT, Duty Pos: AAT
Battlefield Weather Course (BWC) (6 Sep 12)		